

Curriculum Vitae



Amir Abbasnezhad, DVM, PhD

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CURRENT POSITION

- Assistant professor of nutrition sciences, Department of Nutrition, Lorestan University of Medical Sciences (2016-present)
- Editorial Board Member: *World Journal of Gastrointestinal Pharmacology and Therapeutics*, Indexing/Abstracting: PubMed, PubMed Central

EDUCATION

- Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran (2012-2016)
PhD in nutrition Sciences
Dissertation title: Effect of vitamin D supplementation on clinical symptoms and biochemical factors in patients with irritable bowel syndrome
Advisors: Professor Reza Amani
- Urmia University, Urmia, Iran (2005-2011)
Doctorate in Veterinary Medicine
Dissertation title: Effect of haloperidol on CRP, Fibrinogen and Alpha-2-Macroglobulin in rats with acute inflammation induced by lipopolysaccharide
Advisors: Professor Hasan Ansari fard

LANGUAGES

English, Persian, Turkish

PUBLICATIONS

- **Published articles**

1. Choghakhori, R., **Abbasnezhad, A. (correspond)**, Amani, R. and Alipour, M., 2017. Sex-Related Differences in Clinical Symptoms, Quality of Life, and Biochemical Factors in Irritable Bowel Syndrome. *Digestive Diseases and Sciences*, pp.1-11.(**IF: 2.81**)
2. **Abbasnezhad, A.**, Amani, R., Hajiani, E., Alavinejad, P., Cheraghian, B. and Ghadiri, A., 2016. Effect of vitamin D on gastrointestinal symptoms and health-related quality of life in irritable bowel syndrome patients: a randomized double-blind clinical trial. *Neurogastroenterology & Motility*, 28(10), pp.1533-1544. (**IF: 3.84**)
3. Choghakhori, R., **Abbasnezhad, A. (correspond)**, Hasanvand, A. and Amani, R., 2017. Inflammatory cytokines and oxidative stress biomarkers in irritable bowel syndrome: Association with digestive symptoms and quality of life. *Cytokine*. (**IF: 3.51**)
4. Ashtary-Larky, D., Ghanavati, M., Lamuchi-Deli, N., Payami, S.A., Alavi-Rad, S., Boustaninejad, M., Afrisham, R., **Abbasnezhad, A.** and Alipour, M., 2017. Rapid Weight Loss vs. Slow Weight Loss: Which is More Effective on Body Composition and Metabolic Risk Factors? *International Journal of Endocrinology and Metabolism*, 15(3). (**IF: 1.81**)
5. **Abbasnezhad, A.**, Amani, R. and Choghakhori, R., 2016. Effect of Vitamin D on Inflammatory and Oxidative Stress Biomarkers, Gastrointestinal Symptoms and Health Related Quality of Life in Irritable Bowel Syndrome Patients (abstract in 16th ISANH World Congress on Antioxidants - Dubai). *Journal of International Society of Antioxidants in Nutrition & Health*, 3(1).
6. **Abbasnezhad A**, Alavinejad P, kadkhodae A, Isary E, Choghakhori R (2016) Dietary Patterns among Colorectal Cancer Patients in Southwest of Iran: A Cross-Sectional Study. *Gastroenterol Hepatol Open Access* 4(4): 00106. DOI: [10.15406/ghoa.2016.04.00106](https://doi.org/10.15406/ghoa.2016.04.00106)
7. **Amir Abbasnezhad**, Razieh Choghakhori, Reza Amani. Different Bowel Habit Subtypes of Irritable Bowel Syndrome May Response Different to Vitamin D Supplementation Regarding Inflammatory Cytokines, Oxidative

Stress Biomarkers and clinical symptoms (abstract in EAP 2017 Congress and MasterCourse). Eur J Pediatr (2017) 176:1445–1558. DOI: 10.1007/s00431-017-2979-8. (**IF: 2.42**)

8. **Amir Abbasnezhad**, Razieh Choghakhori, Amin Hasanvand, EsmaeilYousefi Rad, Somayeh Saboori. Vitamin D Deficiency in Patients with Irritable Bowel Syndrome: Association with Clinical Symptoms, Quality of Life and Inflammatory Cytokines (abstract in EAP 2017 Congress and MasterCourse). Eur J Pediatr (2017) 176:1445–1558. DOI: 10.1007/s00431-017-2979-8. (**IF: 2.42**)
9. Abolfazl Abbaszadeh, Saeideh Darabi, Amin Hasanvand, Hossein Amini-Khoyi, **Amir Abbasnezhad**, Razieh Choghakhori, Asghar Aaliehpour, Minocycline through attenuation of oxidative stress and inflammatory response reduces the neuropathic pain in a rat model of chronic constriction injury. Iranian Journal of Basic Medical Sciences; Mashhad Vol. 21, Iss. 2, (Feb 2018): 138-144. (**IF: 1.51**)
10. Reza Malihi, Meysam Alipour, Seyed ahmad Hosseini, **Amir Abbasnezhad**, Abed Ghavami, Hedayat allah Shahmohammadi, Matin Ghanavati. "The effects of catechins on related risk factors with Type 2 diabetes: A review". PROGRESS IN NUTRITION. 2018, (**IF: 0.33**)
11. Hossein Amini-khoei, Amin Hasanvand, Abolfazl Abbaszadeh, Mehdi Goudarzi, **Amir Abbasnezhad**, Razieh Choghakhori, Iraj Salimikia. "The antinociceptive effects of rosuvastatin in chronic constriction injury model of male rats". Basic and Clinical Neuroscience. 2018
12. Esmaeil Yousefi Rad, Ebrahim Fallahi, Mahmoud Djalali, **Amir Abbasnezhad**, Mehdi Birjandi, Somayeh Saboori. A systematic review and meta-analysis of the effect of vitamin E supplementation on plasma and urine levels of isoprostane F_{2α} in randomized controlled clinical trials. International Journal for Vitamin and Nutrition Research. 2018. (**IF: 0.91**)
13. **Amir Abbasnezhad**, Reza Amani, Amin Hasanvand, Esmaeil Yousefi Rad, Meysam Alipour, Somayeh Saboori, Razieh Choghakhori. Association of serum vitamin D concentration with clinical symptoms and quality of life in patients with irritable bowel syndrome. The American College of Nutrition. 2018. (**IF: 2.17**)
14. Amir Abbasnezhad, Eskandar Hajiani, Bahman Cheraghian, Zahra Abdoli, Razieh Choghakhori, Reza Amani. Vitamin D3 Induced Decrease in IL-17 and

Malondialdehyde, and Increase in IL-10 and Total Antioxidant Capacity Levels in Patients with Irritable Bowel Syndrome. Iranian Journal of Immunology. 2018. (**IF: 0.87**)

15. Elham Eslampour, Farzad Ebrahimzadeh, **Amir Abbasnezhad (correspond)**, Mohammad Zeinali Khosroshahi, Association between Circulating Irisin and C-reactive Protein: A Systematic Review and Meta-analysis, Accepted, Endocrinology and metabolism, 2019,

- **Submitted manuscripts (under review)**

1. **Amir Abbasnezhad**, Razieh Choghakhori, Ebrahim Falahi, Ramin Beiranvand, Koroush Ghanadi, Mojtaba Gorji, Kambiz Ahmadi Angali. Association between circulating vitamin D concentration and colorectal cancer in Iranian population: a case-control study. British Journal of Nutrition. 2018.
2. Mohammad Amin Baram, **Amir Abbasnezhad (correspond)**, Serum Levels of Chemerin, Apelin and Adiponectin in Relation to Clinical Symptoms, Quality of Life and Psychological Factors in Irritable Bowel Syndrome. 2018
3. Omid Asbaghi, Mohammad Zeinali Khosroshahi, Sara Kashkooli, **Amir Abbasnezhad (correspond)**, Effect of calcium- vitamin D co- supplementation on insulin, insulin sensitivity, and glycemia: a systematic review and meta-analysis of randomized clinical trials, 2019
4. **Amir Abbasnezhad, Mehdi Habibi**, Serum concentrations of vitamin D, calcium, phosphorus and trace minerals in adults and children with haemophilia A: association with disease severity, quality of life, joint health and functional status, 2019
5. Mohammad Zeinali Khosroshahi, Yaser Mokhayeri, Mahnaz Mardani, Elham Eslampour, Rasool Mohammadi, Sara Kashkooli, **Amir Abbasnezhad (correspond)**, Effect of curcumin supplementation on liver function enzymes: A systematic review and meta-analysis of randomized controlled clinical trials, 2019

- **Authored books**

1. Clinical Nutrition Guide on Cancer. (in Persian)

2. Clinical Guide of parenteral and enteral nutrition in cancer patients. (in Persian)
 3. Nutritional guide for children with cancer. (in Persian)
 4. Nutrition in hematologic disorders. (in Persian)
 5. Dietary Interventions in Gastrointestinal Disease, Chapter 7: Vitamin D and Quality of Life of Patients with Irritable Bowel Syndrome, authored by: Amir Abbasnezhad, *ELSEVIER*, will be published in 2019.
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Registered research projects:

1. Title: Association between circulating vitamin D concentration and colorectal cancer in Iranian population.
Registration No. in Ahvaz Jundishapur University of Medical Sciences: 33004861
2. Title: Effect of vitamin D supplementation on chemerin, irisin and adiponectin adipokines, fasting blood sugar, insulin and insulin resistance in patients with type II diabetes mellitus.
Registration No. in Lorestan University of Medical Sciences: A-10-1818-3
3. Title: Evaluation of the association of serum Appelin, Irisin and Chemerin levels in healthy normal weight obese and normal weight individuals with physical activity, diet, anthropometric measurements, metabolic syndrome, renal function and inflammatory cytokines.
Registration No. in Lorestan University of Medical Sciences: A-10-1818-2
4. Title: The effects of ginger extract on adipokines, inflammatory factors, oxidative stress biomarkers and hepatic enzymes in mice treated with Bisphenol A.
Registration No. in Lorestan University of Medical Sciences: A-10-1818-1
5. Evaluation of association between folic acid intake and depression in elderly people in Ahvaz, Iran, 2014.
Registration No. in Ahvaz Jundishapur University of Medical Sciences: 33007177
6. Evaluation nutritional pattern in children with attention deficit hyperactivity disorder (ADHD).
Registration No. in Ahvaz Jundishapur University of Medical Sciences: 33006535
7. Study of the relationship between obesity and dietary patterns and lifestyle in patients with non-alcoholic fatty liver in Ahvaz, 2014.
Registration No. in Ahvaz Jundishapur University of Medical Sciences: 33006422

8. Investigating the relationship between food patterns and lifestyle in patients with Alzheimer's disease.
Registration No. in Ahvaz Jundishapur University of Medical Sciences: 33005531
 9. The relationship between dietary patterns and obesity and its comparison between male and female students of Ahvaz Jundishapur University of Medical Sciences in 1392.
Registration No. in Ahvaz Jundishapur University of Medical Sciences: 33005222
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Supervisor in thesis:

M.D. Thesis

1. Title: Evaluation of serum levels of vitamin D, calcium, zinc, magnesium, phosphorus and alkaline phosphatase in patients with severe hemophilia A and healthy subjects.
Registration No. in Lorestan University of Medical Sciences: A-10-1818-5
 2. Title: Evaluation of the serum levels of Apelin, Chemerin and Adiponectin in patients with irritable bowel syndrome and healthy subjects. Registration No. in Lorestan University of Medical Sciences: A-10-1818-4
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Participating in workshops and training courses:

1. Systematic review and Meta-analysis
 2. Nutritional supplements for athletes
 3. Dietary Supplements for Fitness
 4. Writing and publishing articles
 5. Data analysis (SPSS)
 6. Data analysis (Stata)
 7. Judging articles
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Oral presentations:

1. Presentation in **16th ISANH Middle East Antioxidants World Congress 2016 - Dubai.**

Title: Effect of Vitamin D on Inflammatory and Oxidative Stress Biomarkers, Gastrointestinal Symptoms and Health Related Quality of Life in Irritable Bowel Syndrome Patients.

2. Presentation in **The First National Congress on Snack Foods 2014 – Mashhad, Iran.**

Title: The relationship between the snacks and obesity in children.

3. Presentation in workshop on Nutrition and Drug Interactions - 2015
Registered in **Iran, continuing medical education system (No. 293769)**

Awards:

- 1- Specialized Duty System Award (received from the **Iran's National Elites Foundation** - 2016)
- 2- Top Researcher Award-2017, Lorestan University of Medical Sciences,
- 3- Top Researcher Award-2018, Lorestan University of Medical Sciences,